


Pearls of Wisdom

Living Set – The First Light

These cards are meant as small companions – reminders, questions, and gentle steps you can carry into your everyday life. They're not answers, but invitations to pause, reflect, and move forward with clarity.

..Leave this card where someone else might find it"



Pearl of Wisdom

From: The Living Set – S. Bobby Alexander

“If you always follow the same path, you just end up in a rut.”

Reflection Prompt:

What routine of yours feels more like habit than choice?

Write your thoughts on the back of each card.


Practical Step:

Change one small detail of your routine — take a different route, shift your order, or start your morning differently.

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Pearl of Wisdom

From: Pathways – Finding Waldo Within – S. Bobby Alexander

“Stories are the ripples we carry — reminders that even in silence, meaning echoes.”

Reflection Prompt:

Where in your life do you mistake noise for clarity?
Write down one area today where silence might reveal more than sound

Write your thoughts on the back of each card.

Practical Step:

Take a 5-minute pause today. No phone, no music, no words.
Just listen. Write what surfaces.

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Instruction / Use Page

“Carry these as companions, not answers”

How to Use:

Print the sheet (cardstock works best).

Cut them out, keep them close, let them travel with you.

Ways to Engage:

Daily Pull: Choose one at random each morning.

Reflection Journal: Pair a card with 5 minutes of writing.

Conversation Starter: Share one with a friend or group.

Pass it Forward:


Leave one behind for someone else to find.

Note of Permission:

These cards are for your personal use. Feel free to share them, print extras, or pass them forward, but please don't resell or distribute them commercially.

For more reflections and behind-the-page glimpses, you're welcome to join me in **The Signal**, my occasional letter.

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Pearl of Wisdom

From: The Living Set – S. Bobby Alexander

“The stories you carry shape the life you live.”

Reflection Prompt:

Which story from your past feels like it still guides you today?

Write your thoughts on the back of each card.


Practical Step:

Journal one story you've carried and underline what it's still teaching you.

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Pearl of Wisdom

From: The Living Set – S. Bobby Alexander

***“What if you're not lost?
What if you're just unfinished?”***

Reflection Prompt:

What part of your life feels “incomplete,” and could that be a stage of becoming?

Write your thoughts on the back of each card.

Practical Step:

Write a short list of qualities you're still growing into — frame them as possibilities, not failures.

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“Take a photo of a card that spoke to you and send it to a friend.”

“The stories you carry shape the life you live.”